

HARVEST

{Of the Month}



SWEET CORN

Fast Facts

- ✓ Corn is at its absolute sweetest as soon as it is picked. What is your favorite way to eat sweet corn? **Share with us on social media using the #MDKidsEatLocal!**
- ✓ Did you know corn is **cultivated from a natural combination of grasses that are native to Mexico?**
- ✓ Although field corn is believed to be thousands of years old, **sweet corn was not developed until the 1700s.**

Availability

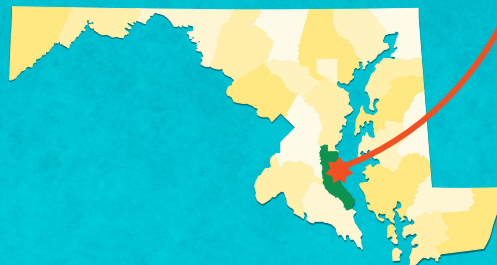
JUNE - SEPTEMBER



Featured Farm

SWANN FARMS
CALVERT COUNTY

Swann Farms is a sixth generation family farm nestled on the shores of the Patuxent River in Southern Maryland. Their crops include white sweet corn, peaches, watermelons, cantaloupes, tomatoes, strawberries, and various small grains. They offer Pick-Your-Own strawberries from April to May. You may even see their produce in school lunches!



MARYLAND DEPARTMENT OF AGRICULTURE
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