

HARVEST

{Of the Month}



WINTER SQUASH

Fast Facts

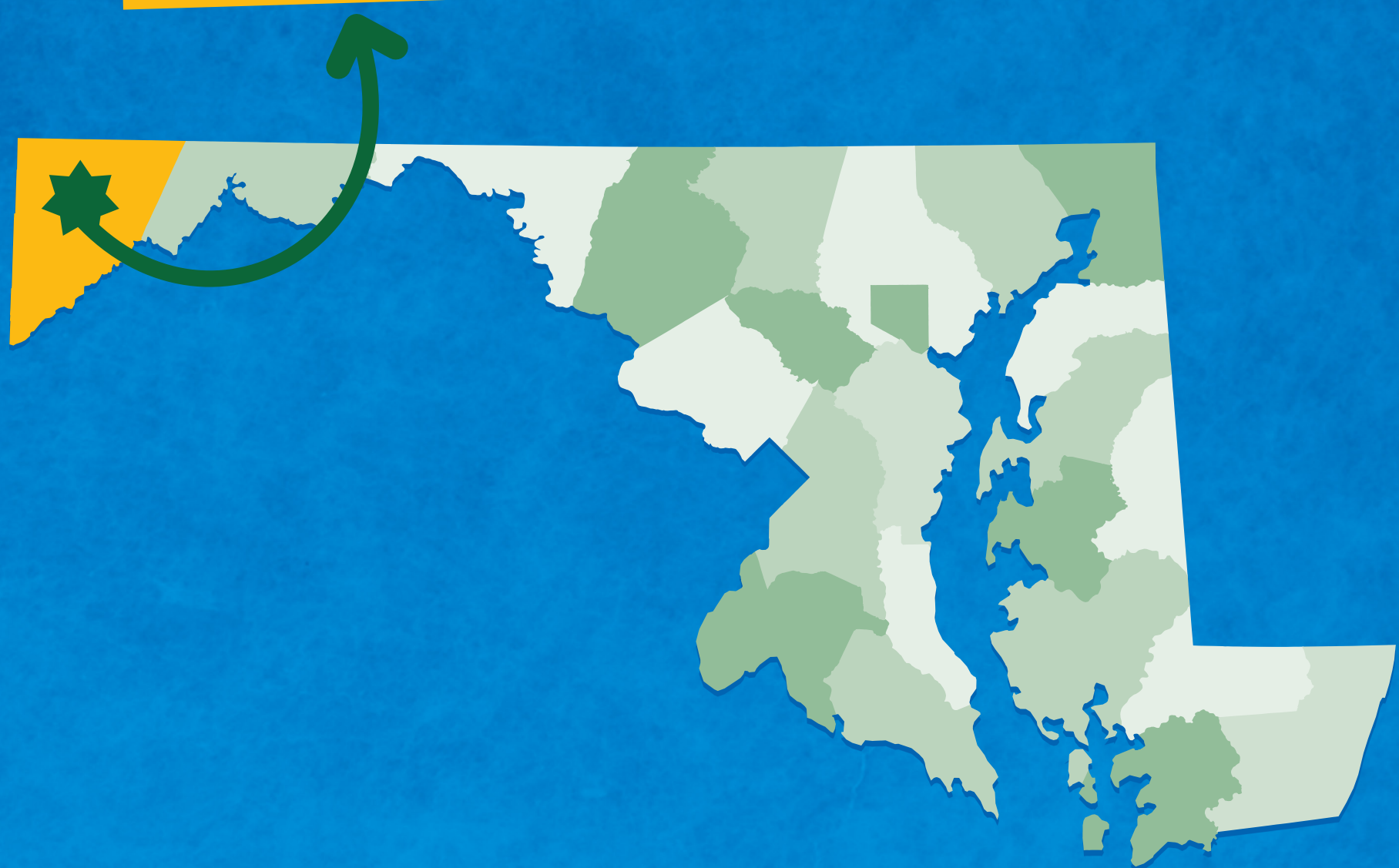
- ✓ Although **spaghetti squash** does not taste like spaghetti, it gets its name from the fact that, when it's cooked, its flesh separates into shapes that **look remarkably like spaghetti noodles**.
- ✓ **Pumpkins don't have to be orange.** We're most familiar with bright orange jack-o-lanterns or pumpkin pies, but pumpkins themselves can be orange, green, white, yellow, or even red! Do you have a favorite pumpkin memory? Share with us on social media using the **#MDKidsEatLocal!**
- ✓ Unlike summer squash, **winter squash** is matured when harvested which makes the **skin hard and inedible**. However, the skin allows winter squash to be stored for **3 months or longer!**



Featured Farm

GARRETT GROWERS
GARRETT COUNTY

The Garrett Growers have a wide variety of fresh produce items available throughout the growing season. The co-op of growers use season-extension techniques to allow customers access to local fresh produce from early spring through late fall! You may even see their vegetables in school lunches!



Availability

AUGUST - FEBRUARY



MARYLAND DEPARTMENT OF AGRICULTURE
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