



## **Fast Facts**



In ancient Egypt, milk and other dairy products were reserved for royalty, priests, and the very wealthy.



The "GOT MILK?" advertising campaign was launched in 1993 making it over a quarter of a decade old! Share photos of you and your milk with us you by using the #MDKidsEatLocal!



Milk provides nine essential nutrients, including calcium, potassium, phosphorus, protein, vitamin A, vitamin D and vitamin B12, riboflavin, and niacin. Most of Maryland's school milk comes from Maryland dairy producers.





## Featured Farm

ELLERTON VIEW
FREDERICK COUNTY

Ellerton View is a family-owned, closed herd, dairy farm. A farm is considered a closed herd when all cattle are bred and raised right on the farm. The Grossnickle's milk 160 Holstein cows. Each cow has the capability of producing up to 8 gallons of milk per day!



YEAR ROUND



